

BEAUTY NEWS



HOLLYWOOD GLAMOUR

The French perfume house that's taking us back in time



Though most famously associated with a certain No 5, Marilyn Monroe also favoured a scent called Sortilège, created by Le Galion, a Parisian perfumers founded in 1930. "Sortilège truly is a perfume from a different era, so full of grace and femininity," says Parfumarija's Marija Aslimowska. A floral aldehyde, it's an addictive mix of creamy white lily of the valley, jasmine and narcissus that's beautifully old-school: no wonder it became the signature perfume of the dazzling Stork Jazz Club in New York in the 1930s, and attracted fans like Grace Kelly, Ava Gardner and Lauren Bacall as well as Monroe. Le Galion's perfumer was the legendary Paul Vacher, who also created classics like Miss Dior and Arpège for

Lanvin. Le Galion floundered in the 1980s but now has a passionate new owner, Nicolas Chabot, who is engineering its renaissance. Luckily for us, Dublin's niche fragrance boutique, Parfumarija, is stocking the collection (€140), which includes relaunches of original bestsellers alongside brand-new creations. I've been wearing "Special for Gentleman", a gorgeous creamy chypre. And the ultra-feminine La Rose and Sortilège are really extraordinary – once smelled, never forgotten. Wear with a hot red lipstick – Chanel Rouge Allure Velvet in Bouleversante (left, €32.50) or YSL Rouge Pur Couture no.13 (€33) – and some Old Hollywood attitude. *Parfumarija, Westbury Mall, Dublin 2; www.parfumarija.com*

3 WITH A TWIST: New niche scents that stand out from the crowd ... **TOM FORD** reinvents bergamot, a staple ingredient of the humble cologne, in new Private Blend Venetian Bergamot, €178. **CLOON KEEN ATELIER** puts a new spin on trad tuberose by blending it with lashings of fresh green magnolia: Edition Tuberose, €80, at www.cloonkeenatelier.com and Brown Thomas. **JO MALONE LONDON**'s latest cologne, Mimosa & Cardamom, conjures up sun-warmed spices, golden mimosa and creamy tonka bean. From €52.



1 BEST BUY BOBBI BROWN Nail Polish in Greige, €15. The Greige Eye Palette, in a neat magnetic case, is also cool – but this polish is a small piece of chic for under €20. At Arnotts.

2 MOVE IT Newly arrived in Dublin are Fierce Grace classes, a new take on hot yoga that's based on classical Hatha moves. We're trying The Fix, a supercharged 50 minutes combining cardiovascular exercise with body sculpting. Founder Michele Pernetta emphasises that yoga is for every body type: "It will help you get stronger, healthier and take time out for yourself." At David Lloyd Riverview, Dublin 4; www.fiercegrace.com.

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HEALTH Get familiar with gut health. **READ ...** Dr Nigma Talib's *Reverse the Signs of Ageing* (Vermilion), to learn about eating for better skin and identifying "dairy face". **COOK ...** Elizabeth Peyton-Jones' *Cook Yourself Young*, and recipes from nutritional therapist Gabriela Peacock's website (www.gpnutrition.co.uk). **DETOX ...** with the Chris James 12 Days Cleanse (below, from SpaceNK, €120; chrisjamescleanse.com): it's tough, but it works.



5 BEAUTY BOOSTERS TO TRY FOR AW15

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BE INSPIRED Reserve your copy of *Face Paint The Story of Makeup* by make-up artist and vlogger extraordinaire Lisa Eldridge, published by Abrams Image, in October.



5 NEW ARRIVALS Detox your skin with natural skincare at Arnotts: DR HAUSCHKA has just arrived, along with FLORAME, and a large LIZ EARLE counter. **DISCOVER ...** first-rate botanic OM Skincare, at SpaceNK. **SAVE UP FOR ...** the beyond beautiful, collectable MAC Guo Pei collaboration, at Brown Thomas from October 1; limited edition.



Text

BEHIND THE SCENES

At the Tom Ford AW15 show, the focus was a softened smoky eye and a rose-coloured moisturised lip, giving a relaxed but sexy look. The new Eye & Cheek Shadow (below, €60) makes it easy-to-blend eye and face colour. And naturally, as Ford remains king of the brows, the new Brow Sculpting Kit is just the thing to put a luxe spin on arch enhancement.

